

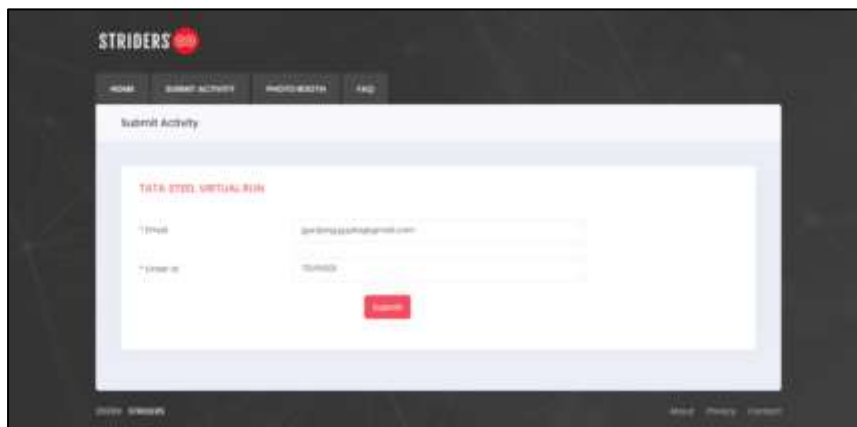
## TATA STEEL VIRTUAL RUN 2020

By participating in the first-ever Virtual Run being organised by Tata Steel, you may choose your own route and time to run as per your convenience on November 22, 2020.

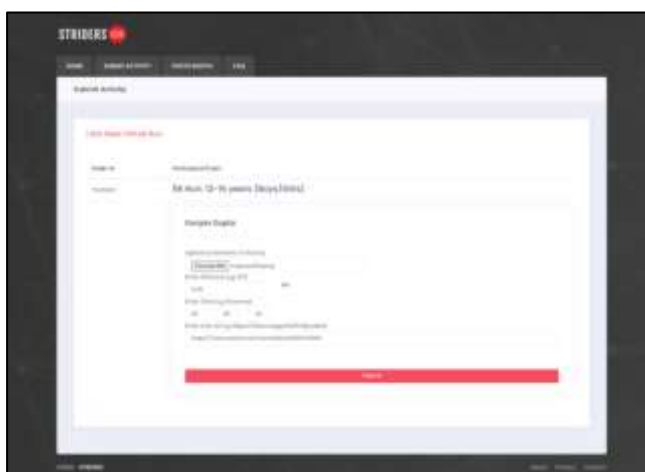
Please find below the steps on how to submit run activity, use photo booth and download e-certificate.

### STEPS TO SUBMIT RUN ACTIVITY

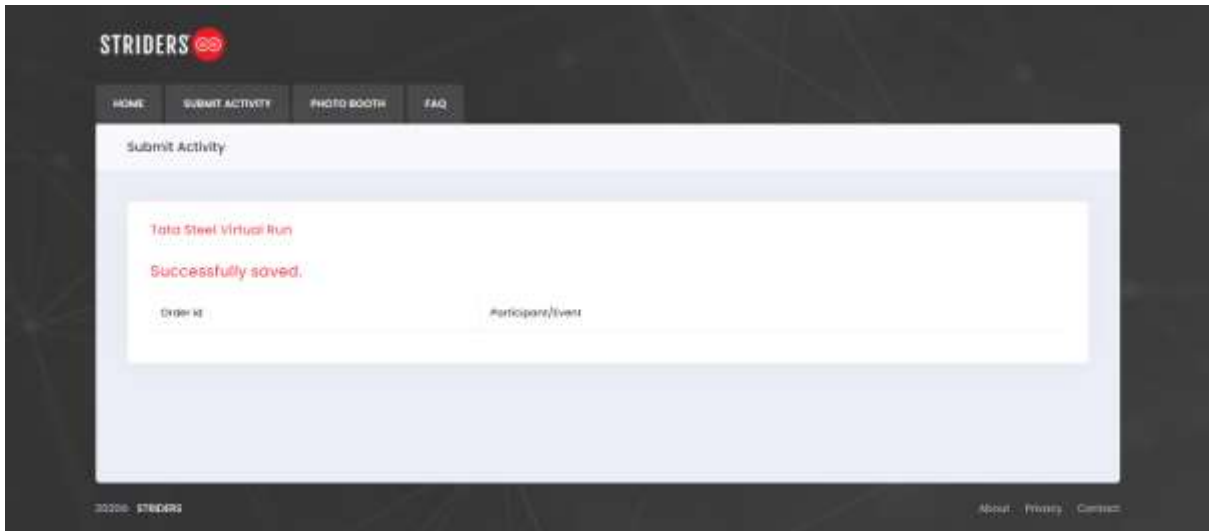
- Visit [www.getactiveindia.com](http://www.getactiveindia.com)
- Click on the SUBMIT ACTIVITY tab on Menu. Enter your Email ID and Registration ID/Order ID. Click on Submit button
- Once you click on the Submit button, a URL will be generated



- To upload your run activity:
  - Take a screen shot of your run from the tracking device and upload the same
  - Enter your distance and time
  - Enter the URL of your run
- Then, click on the Submit button



- A message will appear as “Successfully Saved”. Your run activity is now submitted



The suggested apps that can be used for tracking are: Strava/Garmin/Tomtom/Fitbit/Nike Run Club/Runtastic/Run Keeper/Endomondo, etc.

## STEPS TO USE VIRTUAL PHOTO BOOTH

- Visit: [www.getactiveindia.com/selfie.php](http://www.getactiveindia.com/selfie.php)
- Click on the PHOTO BOOTH tab on Menu
- Click on Select Photo button



- Select a photo from your picture library and upload



- Click on Create Photo button
- Click on “Click Here to Download” to download your picture from the Photo Booth. You may follow the same steps to download more photos



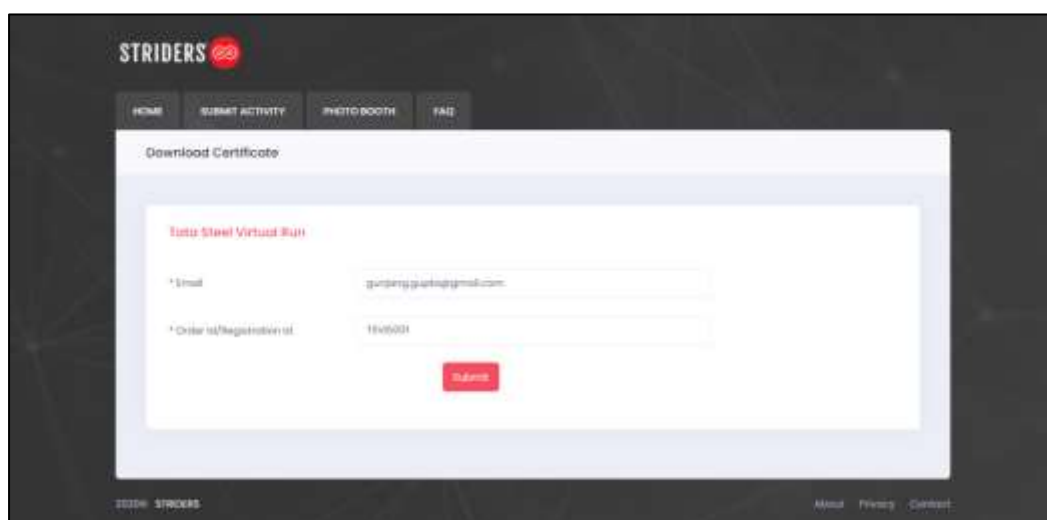
This is how the downloaded photo from the Photo Booth will appear.

## STEPS TO DOWNLOAD E-CERTIFICATE

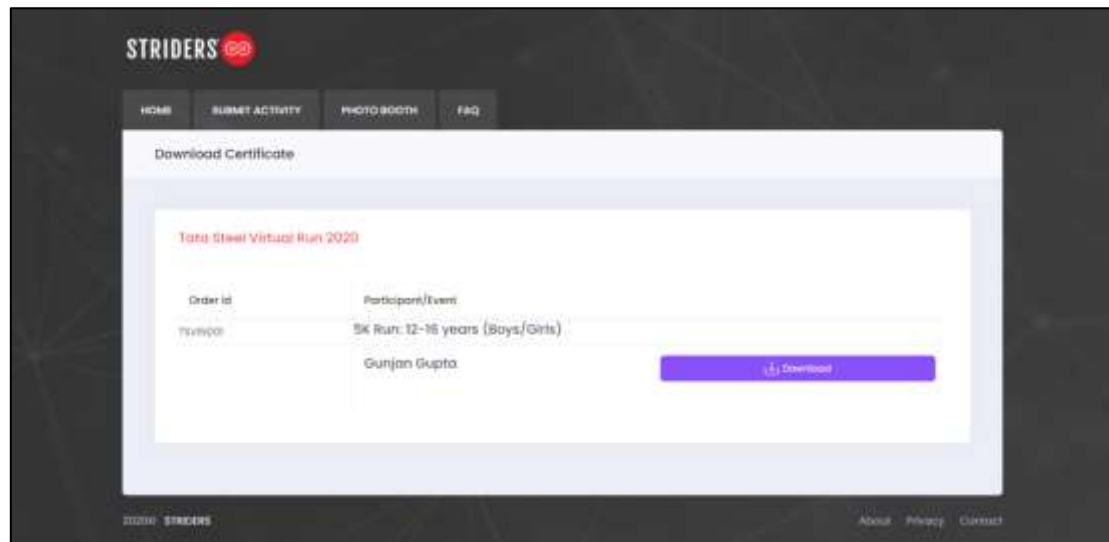
- Visit: [www.getactiveindia.com](http://www.getactiveindia.com)
- Click on the CERTIFICATE tab on Menu



- Enter your Email ID (used at the time of registration) and Registration ID/ Order ID
- Click on Submit button



- Find your event details along with your name
- Click on the download button for the e-certificate



**KEY POINTS TO NOTE:**

- You can submit your run activity on November 22, 2020 after 12 noon
- The Photo Booth can be accessed on November 22, 2020
- You can download the e-certificate after one week from the event date
- Participants registered for ₹499/- will receive T-shirt (for first 1000 registrations only) and souvenir in 5-6 weeks post November 22, 2020